

The Ten Commandments of Parenting

Honor and Anger

Exodus 20:12-13

_____ (vs. 12)

- 5 Years Old: _____! (_____ Away, _____ the Way, With a _____ Along the Way)
- Teenagers: What does it look like to _____ in a way that is honoring?
- Adults: Stay in _____.
- Adults with Aging Parents: _____ for their needs, continue to _____ them in a Christ-exalting way.

“Honor your father and mother” (this is the first commandment with a promise), “that it may go well with you and that you may live long in the land.”
(Ephesians 6:2–3)

_____ (vs. 13)

“You have heard that it was said to our ancestors, ‘Do not murder, and whoever murders will be subject to judgment.’ But I tell you, everyone who is angry with his brother will be subject to judgment. And whoever says to his brother, ‘Fool!’ will be subject to the Sanhedrin. But whoever says, ‘You moron!’ will be subject to hellfire.”
(Matthew 5:21–22, HCSB)

5 Clues that Your Anger may be Sinful:

- If it _____ to sin.
- If it _____ you.
- If it results in _____.
- If it doesn't _____ God.
- If you cannot _____ to _____, “Why am I angry?”.